



Accredited Crisis Intervention with the Hostile and Aggressive Individual

The Program:

- ◆ Is approved by the Ontario Ministry of Community and Family Services and the Ministry of Children and Youth Services
- ◆ Will assist line-staff, youth workers, case managers, supervisors, volunteers, teachers, health care workers, and others whose primary task is, to assist individuals who frequently find themselves in a state of crisis
- ◆ Enables workers to respond to those individuals within their care through enhanced personal awareness, appropriate verbal interventions, and active disengaging skills
- ◆ Builds and develops relationships and coalitions

Participants will:

- ◆ Understand concept of personal crisis and implications for your role as crisis intervener
- ◆ Understand the influence of both you and your clients personal histories in reacting to situations which are threatening
- ◆ Enhance skill practice in defusing levels of arousal and in problem solving behaviours
- ◆ Enhance confidence through mastery of self protection skills
- ◆ Knowledge, awareness and practice in the application of a restraint which is safe
- ◆ Develop assessment skills regarding contra-indicators to restraints
- ◆ Increase understanding and proficiency of safe and controlled restraint procedures
- ◆ Learn to utilize debriefing to improve critical incident prevention planning
- ◆ Explore critical incident stress including anger and emotions management

**April 23-24-25, 2008
9:00 a.m. – 4:00 p.m.**

Cost: \$330.00

Trauma and the Brain-Mind-Body Connection: A Psychobiological Approach to Assessment and Treatment

The Program:

- ◆ Integrates current literature and research in neuroscience, psychobiology and attachment, and explores somatic approaches to trauma treatment to address dysregulation in the nervous system (NS) caused by trauma
- ◆ Will help mental health, crisis intervention and social workers, etc. to recognize how crisis can result in changes in the brain and NS that negatively affect emotional and physical health and interpersonal relationships
- ◆ Will include theoretical presentations, clinical examples, videotape, demonstrations and opportunities for participants to practice new strategies

Participants will:

- ◆ Learn about the incredible brain and how threat and trauma affect the brain and nervous system (NS)
- ◆ Learn about the physiological, emotional, and relational implications of traumatic experiences for individuals, couples and families
- ◆ Explore a multi-dimensional view of trauma including life crisis, shock and developmental (attachment) traumas
- ◆ Learn about the impact on mental health (PTSD, anxiety and mood disorders, substance abuse, complex trauma) and on physical health (insomnia, GI tract problems, TMJ, pain, chronic fatigue, etc.)
- ◆ Explore principles of somatic therapies including Self-Regulation Therapy (SRT), Somatic Experiencing (SE) to invite greater regulation and balance in the Autonomic Nervous System (ANS).
- ◆ Learn and practice strategies for working with trauma in the NS including tracking sensation, intentional resourcing, titration

**May 5-6, 2008
9:00 a.m. – 5:00 p.m.**

Cost: \$250.00

**Location:
CTI Canadian Training Institute
50 Euston Ave. Toronto**

REGISTRATION FORM

Please register me for the following course/s:

- Accredited Crisis Intervention with the Hostile Aggressive Individual (April 23-24-25, 2008)
- Trauma and the Brain-Mind-Body Connection: A Psychobiological Approach to Assessment and Treatment (May 5-6, 2008)

Name: _____ **Agency:** _____

Street: _____

City: _____ **Postal Code:** _____

Telephone: _____ **Fax:** _____

Email: _____

Mail or Fax to:

**CTI Canadian Training Institute
50 Euston Ave.
Toronto, Ontario M4J 3N3
FAX: 416-778 -8103
Tel: 416-778-7056
Toll Free: 1-877-889-6158
Email: programs@cantraining.org
Website: www.cantraining.org**

- Full payment is enclosed
- Cheque payable to: CTI Canadian Training Institute

VISA

Card No. _____

Exp. Date: _____

Auth. Signature: _____

Cancellation Policy: Cancellations received up to 10 days before workshop are refundable less an administration charge of \$50.00. Substitutions may be made

Register Early! Spaces are Limited